

Anger

Mark 11:25 ²⁵ Whenever you stand praying, forgive, if you have anything against anyone, so that your Father who is in heaven will also forgive you your transgressions.

Galatians 5:22-25 ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. ²⁴ Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

²⁵ If we live by the Spirit, let us also walk by the Spirit.

James 1:19-20 ¹⁹ *This* you know, my beloved brethren. But everyone must be quick to hear, slow to speak *and* slow to anger; ²⁰ for the anger of man does not achieve the righteousness of God.

Proverbs 10:12 ¹² Hatred stirs up strife,
But love covers all transgressions.

Proverbs 14:29 ²⁹ He who is slow to anger has great understanding,
But he who is quick-tempered exalts folly.

1 Peter 4:8 ⁸ Above all, keep fervent in your love for one another,
because love covers a multitude of sins.

1 Corinthians 13:4-5 ⁴ Love is patient, love is kind *and* is not jealous;
love does not brag *and* is not arrogant, ⁵ does not act unbecomingly; it
does not seek its own, is not provoked, does not take into account a
wrong *suffered*,

Ephesians 4:26 ²⁶ BE ANGRY, AND *yet* DO NOT SIN; do not let the
sun go down on your anger.

Example:

James 1:19-20 ¹⁹ *This* you know, my beloved brethren. But **I** am quick to hear, slow to speak *and* slow to anger; ²⁰ for **my** anger does not achieve the righteousness of God.

Fear

Hebrews 13:6⁶ so that we confidently say, “THE LORD IS MY HELPER, I WILL NOT BE AFRAID. WHAT WILL MAN DO TO ME?”

Psalms 27:14¹⁴ Wait for the LORD;
Be strong and let your heart take courage; Yes, wait for the LORD.

Matthew 6:33³³ But seek first His kingdom and His righteousness, and all these things will be added to you.

2 Timothy 1:7⁷ For God has not given us a spirit of timidity, but of power and love and discipline.

Isaiah 35:4⁴ Say to those with anxious heart, “Take courage, fear not. Behold, your God will come *with* vengeance; The recompense of God will come, But He will save you.”

Isaiah 41:13¹³ “For I am the LORD your God, who upholds your right hand, Who says to you, ‘Do not fear, I will help you.’”

Ephesians 3:12¹² in whom we have boldness and confident access through faith in Him.

Example:

2 Timothy 1:7⁷ For God has not given **me** a spirit of timidity (fear), but of power and love and discipline (sound mind).

Ephesians 3:12¹² in whom **I** have boldness and confident access through faith in Him.

Shame

Psalm 139:13-14 ¹³ For You formed my inward parts; You wove me in my mother's womb.

¹⁴ I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well.

Hebrews 10:19-22 ¹⁹ Therefore, brethren, since we have confidence to enter the holy place by the blood of Jesus, ²⁰ by a new and living way which He inaugurated for us through the veil, that is, His flesh, ²¹ and since *we have* a great priest over the house of God, ²² let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled *clean* from an evil conscience and our bodies washed with pure water.

2 Corinthians 10:12 ¹² For we are not bold to class or compare ourselves with some of those who commend themselves; but when they measure themselves by themselves and compare themselves with themselves, they are without understanding.

Colossians 3:10 ¹⁰ and have put on the new self who is being renewed to a true knowledge according to the image of the One who created him

2 Corinthians 5:17 ¹⁷ Therefore if anyone is in Christ, *he is* a new creature; the old things passed away; behold, new things have come.

Hebrews 4:16 ¹⁶ Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.

Romans 10:11 ¹¹ For the Scripture says, "WHOEVER BELIEVES IN HIM WILL NOT BE DISAPPOINTED."

1 John 2:1 ¹ My little children, I am writing these things to you so that you may not sin. And if anyone sins, we have an Advocate with the Father, Jesus Christ the righteous;

Psalm 25:1-5 ¹ To You, O LORD, I lift up my soul.

² O my God, in You I trust,

Do not let me be ashamed;

Do not let my enemies exult over me.

³ Indeed, none of those who wait for You will be ashamed;

Those who deal treacherously without cause will be ashamed.

⁴ Make me know Your ways, O LORD;

Teach me Your paths.

⁵ Lead me in Your truth and teach me,

For You are the God of my salvation;

For You I wait all the day.

Example:

2 Corinthians 5:17 ¹⁷ Therefore **since I am** in Christ, **I am** a new creature; the old things passed away; behold, new things have come.

Stress

1 Peter 5:7 - casting all your anxiety on Him, because He cares for you.

Psalms 119:165 Those who love Your law have great peace, and nothing causes them to stumble.

Isaiah 26:3 The steadfast of mind You will keep in perfect peace, because he trusts in You.

Isaiah 48:18 If only you had paid attention to My commandments! Then your well-being would have been like a river, and your righteousness like the waves of the sea.

Matthew 6:31-34 Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?' ³² For the Gentiles eagerly seek all these things; for your heavenly Father knows that you need all these things. ³³ But seek first His kingdom and His righteousness, and all these things will be added to you. ³⁴ So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own.

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

1 Peter 5:7 - I cast all my anxiety on Him, because He cares for me.

Worry/Anxiety

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Matthew 6:25-26 ²⁵ “For this reason I say to you, do not be worried about your life, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. Is not life more than food and the body more than clothing? ²⁶ Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and *yet* your heavenly Father feeds them. Are you not worth much more than they?”

Proverbs 17:22 ²² A joyful heart is good medicine, But a broken spirit dries up the bones.

1 Peter 5: 6-7 ⁶ Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, ⁷ casting all your anxiety on Him, because He cares for you.

Romans 8:28 ²⁸ And we know that God causes all things to work together for good to those who love God, to those who are called according to *His* purpose.

Isaiah 26:3 ³ The steadfast of mind You will keep in perfect peace, Because he trusts in You.

John 16:33 ³³ These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world.”

Matthew 6:33 ³³ But seek first His kingdom and His righteousness, and all these things will be added to you.

Isaiah 49:15-16 ¹⁵ Can a woman forget her nursing child
And have no compassion on the son of her womb?

Even these may forget, but I will not forget you.

¹⁶ Behold, I have inscribed you on the palms *of My hands*;
Your walls are continually before Me.

Example: Philippians 4:6-7 *I am* anxious for nothing, but in everything
by prayer and supplication with thanksgiving *I let my* requests known to
God. ⁷ And the peace of God, which surpasses all comprehension,
guards my heart and mind in Christ Jesus.